

University of Pretoria Yearbook 2018

Teaching and learning in sport 120 (YCS 120)

Qualification Undergraduate

Faculty [Faculty of Humanities](#)

Module credits 12.00

Service modules Faculty of Health Sciences

Prerequisites YCS 110

Contact time 3 lectures per week

Language of tuition Afrikaans and English are used in one class

Department Sport and Leisure Studies

Period of presentation Semester 2

Module content

This module builds on the fundamental principles of sports coaching. It focuses on the processes and techniques of learning and teaching of skills within a sports paradigm. Methodological techniques as implemented by the coach in teaching and learning of sports skills are identified, discussed and applied. In this module the student gets the opportunity to obtain a Level 0/1 Sports Coaching certificate in a sport of choice.

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